

COALITION FOR BEDFORD YOUTH

Bedford Men's Club Sponsors CBY NH with a Check for \$500



CBY Members: Catherine Vachon, Morghan Linehan, Sherry Chakrin, Destini Palys, Scott Daly, Aaron Palys, Sam Carkin, Milan Sandhu, Courtney Byer, Ben DiNardo, Jeff Benson (Bedford Men's Club)



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40 Developmental Assets

The secret to helping children and youth grow into happy, healthy, and responsible adults isn't really a secret at all. Simply make a point to connect with young people: Get to know them, talk to them, understand them, help them, and build relationships with them. As a caring, trusted adult, you'll be better able to provide the building blocks young people need to succeed and reach their goals. Adult role models, guides, and

friends are very important to young people. With your help, young people can begin to understand themselves and the world around them. We all know growing up isn't always easy. That's why young people need adults like you in their lives.

Each publication will feature "The Asset of the Month." We hope you will take time to learn more about the forty assets, developed by the Search Institute, to help young people grow up healthy.

The eight categories Search Institute has found crucial in helping young people grow up healthy include: Support, Empowerment, Boundaries and Expectations, Constructive Use of Time, Commitment to Learning, Positive Values, Social Competencies, Positive Identity. Each of these categories involves several specific assets that help young people grow up healthy.

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SEARCH INSTITUTE



CENTRIX BANK & CAMP ALLEN CLEAN-UP



YOUTH IN ACTION AWARD

CBYERS IN ACTION



CBY'S MISSION STATEMENT

OUR MISSION IS TO SUPPORT THE WELL-BEING OF BEDFORD YOUTH BY PROMOTING COMMUNITY STRATEGIES THAT DEVELOP ASSETS IN CHILDREN. ASSETS ARE THE PROTECTIVE CHARACTERISTICS THAT HAVE BEEN LINKED BY EXTENSIVE RESEARCH TO ENHANCING RESISTANCE TO AT-RISK BEHAVIORS.

Where Do the 40 Developmental Assets Come from?

Written by: Search Institute

Researchers have learned a great deal in the past several decades about elements in human experience that have long-term, positive consequences for young people. Factors such as family dynamics, support from community adults, school effectiveness, peer influence, values development, and social skills have all been identified as contributing to healthy development. However, these different areas of study are typically disconnected from each other.

The framework of Developmental Assets steps back to look at the whole—to pull many pieces together into a comprehensive vision of what young people need to thrive. In addition to roots in the scientific research on adolescent development, the assets grow out of three types of applied research:

- “Positive youth development,” which highlights core processes and dynamics in human

development that are foundational for growing up healthy.

- **Prevention**, which focuses on protective factors that inhibit high-risk behaviors such as substance abuse, violence, sexual intercourse, and dropping out of school.
- **Resiliency**, which identifies factors that increase young people’s ability to rebound in the face of adversity, from poverty to drug-abusing parents to dangerous neighborhoods.

Since 1989, Search Institute has conducted numerous studies of 6th- to 12th-grade students in public and private schools across the United States using a survey titled [*Search Institute Profiles of Student Life: Attitudes and Behaviors*](#).

The Developmental Assets framework and terminology was first introduced in 1990 through a Search Institute report titled “The Troubled Journey: A Portrait of 6th–12th Grade Youth.” At that time, the survey identified and

measured 30 Developmental Assets.

We continued to review the research, as well as conduct our own studies, cumulatively surveying more than 350,000 6th- to 12th-graders in more than 600 communities between 1990 and 1995 to learn about the Developmental Assets they experienced, the risks they took, the deficits they had to overcome, and the ways they thrived.

We also conducted numerous informal discussions and focus groups, in particular to better understand the developmental realities of youth of color and youth in distressed communities. As a result of all those ongoing research activities, in 1996 we revised the Developmental Assets framework into its current form, a framework of 40 Developmental Assets.

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Where Do the 40 Developmental Assets Come From?

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The first large-scale dataset documenting the 40-asset framework came from over 99,000 6th- to 12th-graders in the 1996–1997 academic year. In 2001, Search Institute updated the dataset using surveys administered during the 1999–2000 academic school year. The main difference between the 1999–2000 and the 1996–1997 datasets was that the 1999–2000 dataset was weighted to adjust for over- and underrepresentation of youth, in particular minority youth and youth living in urban settings.

The current dataset that describes the state of Developmental Assets among U. S. adolescents comes from more than 148,000 6th- to 12th-graders in more than 200 communities across the United States. Surveys were conducted during 2003. This dataset was weighted to adjust for underrepresentation of groups of youth (minority and urban) by using the 2000 U. S. Census data for community size and for race/ethnicity. Weighting is an acceptable statistical procedure often used by researchers, which adjusts the values of responses for certain groups. Simply, this technique corrects for over- and underrepresentation of certain groups. Like the previous two datasets, this current dataset was drawn from individual communities that chose to survey their own students, and is consequently not nationally representative.



SEARCH INSTITUTE CONFERENCE

CBY TEENS WERE CHOSEN TO PRESENT A WORKSHOP, THIS PAST NOVEMBER, AT THE NATIONAL SEARCH CONFERENCE IN HOUSTON TEXAS. BIG TENT IS THE WORLD'S LEADING CONFERENCE FOR PEOPLE WHO CARE ABOUT SCHOOLS, YOUTH, FAMILIES, AND COMMUNITIES. PEOPLE FROM AROUND THE WORLD, WHO ARE EQUALLY COMMITTED TO YOUTH, JOINED TOGETHER FOR THREE DAYS TO SHARE THOUGHTS AND IDEAS ADVANCING THE IDEA OF POSITIVE ADOLESCENT DEVELOPMENT THROUGH ASSET BUILDING.

READ MORE ON PAGE 5



CAMP ALLEN CLEAN-UP

TRUE COMMUNITY COLLABORTION WAS ON DISPLAY IN BEDFORD, LAST AUTUMN, WHEN CENTRIX BANK SPONSORED CBY TO PERFORM FALL CLEAN-UP AT CAMP ALLEN! IT WAS A WIN-WIN-WIN FOR ALL. CBY WAS PROUD TO BE A PART OF CENTRIX'S LOCAL COMMUNITY INITIATIVE AND USED THE \$500 DONATION TO HELP FUND THE TRAVEL EXPENSES OF CBY TEENS PRESENTING AT THIS YEARS SEARCH INSTITUTE NATIONAL LEADERSHIP CONFERENCE IN HOUSTON TEXAS.



YOUTH IN ACTION AWARD

OCTOBER 13, 2010
OUR CBYers WERE HONORED AT A RECEPTION AS PART OF NEW FUTURES' 12TH ANNUAL LEADERSHIP RECOGNITION AND AWARDS CELEBRATION FOR THE STATE AND LOCAL LEVELS. CBY MEMBERS RECEIVED A PLAQUE IN RECOGNITION OF THEIR CONTRIBUTIONS TO THE COMMUNITY.

Search Institute Conference Houston TX November 2010

a student's perspective

The Search Institute was truly an incredible experience. We had the opportunity to meet new people, share the unique way the Coalition for Bedford Youth operates and (perhaps the best part) bond with a great group of CBY'ers and two of the best chaperones a group of kids could ask for. It was extremely fun to present a workshop to a group of people from all over the United States who belonged to similar organizations, striving to make the world a better place. Our ideas were met with a great deal of appreciation and intrigue. I felt like we impacted many other individuals by giving them ideas on how to help get

OUR COALITION GREW INTO A FAMILY THROUGHOUT THE TRIP, AND WE MADE GREAT CONNECTIONS WITH WONDERFUL PEOPLE AT THE CONFERENCE.

youth involved and make a difference. Our presentation "FUNdamentals of CBY;" showed participants how to build strong connections with the community to thrive and develop the 40 Developmental Assets. In return, we took back with us many new ideas for fundraising, presenting, community events, and of course miscellaneous games to play with children, teens and adults that we will utilize in our Bedford community. The memories from the three days spent on our trip to Houston are endless, and it would be terrific to have the opportunity to attend next year's conference, too. Thank you to the many groups who made this trip possible! Some of these groups included: Centrix Bank, St. Elizabeth Seton Church, Bedford Men's Club, and many more. Conferences like these help make positive connections with others that can be used later in life. They give a positive environment in which to demonstrate good values.

HOW CAN YOU HELP?

ONLINE SHOPPING

Do you shop online for yourself or your business often? Shop over 800 stores using iGive and a portion of your purchase is donated to CBY... FREE! Visit www.iGive.com/cby

WEBSITE MANAGER

Update website with upcoming activities, past events, and post pictures. Please contact CBY at info@cbynh.org

DATA BASE MANAGER

Input information into computer files; such as parent contact info, who has attended events, and evaluation responses. Please contact CBY at info@cbynh.org

EVENT PLANNER

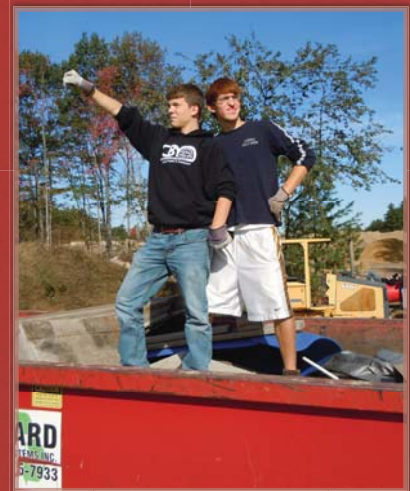
Plans an event such as a car wash, service clean up day, etc. Please contact CBY at info@cbynh.org

STORAGE SPACE

Storage space (6ftx8ft area) with adult access only. This small amount of space may be in your home or place of business. Please contact CBY at info@cbynh.org



PHOTOS FROM THIS YEAR



UPCOMING EVENTS

1. COLLABORATING WITH NASHUA YOUTH COUNCIL
2. LIONS' DEN TALENT SHOWCASE
3. PREPARE FOR 2011 STAND BY ME PRESENTATION

PAST EVENTS

1. HOLIDAY BABYSITTING
2. WHAT'S IN YOUR MEDICINE CABINET?
3. CAMP ALLEN CLEAN UP DAY
4. OLDE TOWN DAY DODGE BALL

A VERY BIG THANK YOU TO...

CBY is a non-profit organization which depends on its community to help it operate smoothly. The Task Development team uses these donations for event supplies, community activities, National Conference travel funds, leadership conferences, and much more. The past few months, various community members and groups have donated their time, facility, or made monetary donations. A very big thank you to individual contributions from various community members, the Bedford School District, Bedford Men's Club,

New Morning School, Parent Volunteers, Mrs. Barnard for nominating CBY for the Youth in Action Award, Centrix Bank, Helen Pervanas: What's In Your Medicine Cabinet presentation, Krickey the Clown, T-Bones, Vachon Dental for nominating CBY for a Northeast Delta Dental grant, St. Elizabeth's Church and support from Hannaford's Supermarket. CBY is thankful for the support from the community. Without your support, the Town of Bedford would not benefit from the great work of the Coalition for Bedford Youth.